



## Day trips from NYC to beaches, parks, wineries and more

Take one of these easy, affordable day trips to visit sculpture gardens, hiking trails, fishing towns, whitewater rapids, zip-line courses, or sand and surf.

By Time Out editors

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### Weekend getaways from NYC: Quick, easy and affordable escapes

Explore upstate New York and the delights of New Jersey and Long Island with these easy day trips from the city. We've rounded up summer standbys like Montauk in the Hamptons, Fire Island and a no-gambling trip to [Atlantic City](#), as well as [outdoor art](#) hot spot Grounds for Sculpture, recently opened destinations like Greenwood Gardens, and places to try [adventure sports](#) such as zip lining and whitewater rafting.



Photograph: Jim Lennon

### Smithtown, NY, one of *Time Out's* top day trips from NYC

1hr by car

Good for adventurers

Few things are as invigorating as paddling down a burbling river on a warm summer day. For some of the best kayaking and canoeing in the New York area, hit this Long Island hamlet, where the main attraction is the tidal Nissequogue River, which flows in and out of the Long Island Sound. Nissequogue River Canoe and Kayak Rentals ([631-979-8244](tel:631-979-8244), [canoerentals.com](http://canoerentals.com)) will provide your vessel of choice (canoe \$60, single kayak \$50, double kayak \$60) at a variety of push-off points and send you on the 2.5-hour, 5.5-mile-long journey on the waterway before driving you back to your car. Keep your eyes peeled for snapping turtles and more than 40 species of waterfowl, including herons and egrets. Replenish your energy at seafood grill H2O ([215 W Main St; 631-361-6464](tel:631-361-6464), [h2oseafoodgrill.com](http://h2oseafoodgrill.com)) with shrimp-and-lobster wontons (\$14) and hazelnut-Parmesan crusted swordfish (\$36). Afterward, grab a Guinness (\$6) at haunted watering hole Katies of Smithtown ([145 W Main St; 631-360-8556](tel:631-360-8556), [katiesofsmithtown.com](http://katiesofsmithtown.com)), where the staff tells stories of deceased bartender Charlie Klein knocking glasses off the shelf.—*Chris Ross*

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